



Hindu Cultural Center

# Health & Wellness Fair

In partnership with CDPHP® Healthy Neighborhood

**Saturday, June 4, 2022 | 10 a.m. - 2 p.m.**

**Hindu Cultural Center**  
450 Albany Shaker Road, Albany

**Healthy food, giveaways, music, and more!**  
(while supplies last)

**FREE  
ADMISSION!  
OPEN TO THE  
PUBLIC**

- ▶ **HEALTH SCREENINGS:** Vision | Hearing | Blood pressure | EKG | Cholesterol | Emotional health, and more!
- ▶ **ASK A DOCTOR:** Dietitians | Dentists | Pharmacists | Physicians
- ▶ **WELLNESS DEMONSTRATIONS:** Yoga | Meditation | Massage, and more!

**MASKS RECOMMENDED**

**For more information, please email [hcchealthfair@gmail.com](mailto:hcchealthfair@gmail.com)**  
or call, R. Gandham, MD (518) 506-6066 | S. Mitta, MD (518) 495-3847 |  
M.Salgam, MD (518) 852-2200



**Hindu Cultural Center Albany**  
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