

HINDU CULTURAL CENTER PRESENTS

# HEALTH & WELLNESS SEMINAR

Wednesday, December 11<sup>th</sup> - 6:00PM to 7:00PM

Hindu Cultural Center, 450 Albany Shaker Road, Albany NY 12211

Free Admission & Open to public

**“CHIROPRACTIC & WELLNESS”**

by

**Dr. Terry Dhanjal-Garcha**



Please RSVP for Seminar by December 11<sup>th</sup>

**Dr. Swatantra Mitta: [swatantra.mitta@yahoo.com](mailto:swatantra.mitta@yahoo.com); 518-495-3847**

**Dr. Vijaya Gandham: [drgand2015@gmail.com](mailto:drgand2015@gmail.com); 518-506-6066**

**Dr. Manjula Salgam: [msalgam@aol.com](mailto:msalgam@aol.com); 518-852-2200**

**Food will be available for purchase (CASH ONLY) after 7 pm:  
if you are interested in this option, please send an email to**

**[rasikpshah@hotmail.com](mailto:rasikpshah@hotmail.com) by Friday 6<sup>th</sup>, 6PM**