

HINDU CULTURAL CENTER PRESENTS

HEALTH & WELLNESS SEMINAR

Wednesday, September 11th - 6:00PM to 7:00PM

Hindu Cultural Center, 450 Albany Shaker Road, Albany NY 12211

**Free Admission
Open to public**

**“Geriatric/Healthy Aging Overview”
by**

Dr. Richa Kaushik

Please RSVP for Seminar by September 4th

Dr. Swatantra Mitta: swatantra.mitta@yahoo.com; 518-495-3847

Dr. Vijaya Gandham: drgand2015@gmail.com; 518-506-6066

Dr. Manjula Salgam: msalgam@aol.com; 518-852-2200

**Food will be available for purchase (CASH ONLY) after 7 pm:
if you are interested in this option, please send an email to
rasikpshah@hotmail.com by Wednesday 4th, 6PM**