

HINDU CULTURAL CENTER

ALBANY, NEW YORK

FAMILY AND FRIENDS

CPR TRAINING



Get trained. Save a life. You'll be glad you did.

SUNDAY, NOVEMBER 11, 2018 FROM 1.30 PM TO 3.30 PM

HINDU CULTURAL CENTER, 450 ALBANY SHAKER ROAD, ALBANY, NY 12205

THIS COURSE IS OFFERED BY VOLUNTEERS OF INDIAN AMERICAN NURSES ASSOCIATION OF ALBANY (IANA-A)

**Instructor: Suja Thomas, MSN Ed, RN, CWCN, CCCN
American Heart Association(AHA) Instructor**

Course description:

Family and Friends CPR Course teaches the life saving skills of adult hands-only CPR, Child CPR with breaths, adult and child AED use, infant CPR with breaths and relief of choking in an adult, child or infant.

Skills are taught in a dynamic group environment by using the AHA's research-proven practice-while-teaching technique, which provides participants with most hands-on CPR practice time possible.

Family Friends CPR is for people who want to learn CPR but do not require a certification card in CPR for their job. The class normally cost \$35.00 per person, but this session is provided free of cost to community by Volunteers of IANA-A.

Please Register for this class. Class size is limited to 100.

Please Register at: www.ianaalbany.com