

HINDU CULTURAL CENTER PRESENTS

HEALTH & WELLNESS FAIR

SAT, MAY 5TH 2018
9AM-2PM

Venue: Hindu cultural center, 450 Albany Shaker road, Albany, NY 12211



Know your numbers

- BP/BMI
- Blood glucose
- Eye testing
- Hearing test

Get screened

- Diabetes
- Blood pressure
- Cancer
- Obesity
- Heart disease
- Kidney disease
- Dementia
- Eye problems
- Medication check by Pharmacy

**Free admission
Open to public**



Explore the wellness

session

- Yoga
- Reiki
- Massage
- Meditation
- Sound healing
- Nutrition
- Essential oils
- Brahmakumaris
- Energy Healing
- Art of living
- Vision therapy
- Bollywood Zumba



Ask the DOCTOR

- Cardiologist
- Internal medicine
- Cancer specialist
- Psychiatrist
- Chiropractor
- Dentist
- Asthma specialist
- Eye doctors
- Kidney specialist
- Children specialist
- Women's health specialist

*Keep checking for
more updates*

Enjoy Healthy food and Win exciting raffles



Scan the code or [Click here](#) for more information and sign up for events to reserve your spots



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www.hindutemplealbany.org