



Albany Hindu Temple Society

Presents

A Discourse on

Bhagavadgita

By

H H Swami Chidatmanandha

Regional Head, Chinmaya Mission, Andhra Pradesh and Telangana

Discourse: Saturday, May 27th 2017

Time: 11:00 AM to 12:30 PM

Venue: Hindu Temple Albany

450 Albany Shaker Rd, Albany NY 12211



Swami Chidatmananda is a spiritual teacher whose core teaching emphasizes the oneness (non-duality) of all beings. Swamiji travels across the globe delivering rich and profound lectures yet simple even for a novice. Swamiji's humility and pleasant demeanor makes him very approachable to people from all walks of life seeking relief from ordinary issues to the deeply held misperceptions on life that cause immense stress and suffering.

Swamiji brings out variety of creative and scientific presentations by unearthing the ancient philosophies that appeal to the modern and rational minds thereby transforming them for the better. An element of humor is seen in his style that smoothen and simplifies the subject delivered and also has a healing effect on the audience.

Swami Chidatmananda ji, with his dynamic and inspirational teachings has touched the hearts of many people. After his sessions in the form of workshops, meditation retreats and lectures, the audience feels uplifted and discovers spiritual direction in their lives. Many feel peace, solace and guidance in his loving presence. Countless people benefit from his regular discourses through Indian television channels. Swamiji's topics like 'Art of Healing', 'Beyond Suffering', 'Learning through Relationships', 'Success in Married Life' and 'The Greatness of Mind' address the

Contact: 518-459-7272

Swami Chidatmananda's Introduction

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Topics like Art of Healing, Beyond Suffering, Learning through Relationships, Success in Married Life and The Greatness of the Mind address the core problems of humanity. Swamiji's workshops that include Guided Meditation sessions give Relaxation, Peace and Inner Happiness. The Spiritual Sessions on Achieving Success with Values to Political Leaders are well acclaimed. Swamiji is the author of the popular Telugu book on "Learning Through Relationships".