Yoga Class Rules

- 1. NO SHOES allowed in the classrooms.
- 2. Please stack your props neatly on the racks after use.
- 3. Please clean HCC yoga mats after using.
- 4. Please arrive at least 5 minutes early. If you are late then please enter after breath practice is over so as to not disturb the class.
- 5. Please sign a waiver if this is your first community class at the HCC.
- 6. RSVP is required if you cannot make it to the class. Minimum 5 students required to conduct class.